

Date: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State Zip \_\_\_\_\_

Information for your trainer:  
 Email: \_\_\_\_\_  
 Contact Phone Number: \_\_\_\_\_

Package Purchased \_\_\_\_\_

Level: \_\_\_\_\_

Trainer: \_\_\_\_\_

**Personal Training Hours Levels 1 2 & 3**

**Monday Through Friday**

7:00am - 8:00 pm

First Health Associates Fitness Academy@ Continental Towers

Continental Towers

1701 Golf Road Tower 2 - Lower Level

**Saturday**

8:00 am - 3:00 pm

Rolling Meadows, Il 60008

Phone: 847-952-3330

[www.FirstHealthAssociates.com](http://www.FirstHealthAssociates.com)

[www.FHAWeightCenters.com](http://www.FHAWeightCenters.com)

\* Personal Training Sessions are scheduled for one hour - If you are late for your appointment your session will be shortened \_\_\_\_\_

\* All packages are non refundable and but may be transferred (*however not shared*) to a family member living at the same address as the purchaser. Packages do not expire. Initials \_\_\_\_\_

\*\* 24 Hour notice is required to cancel an appointment without being charged. Initials \_\_\_\_\_

\_\_\_\_ (initial) Exercise Physiologists are able to advance multiple schedule to ensure availability for future training sessions. Missing 3 or more visits results in removal from advance scheduling privileges.

**Packages**

(AW, JM)

(CD)

(TJ)

**LEVEL 1**

**LEVEL 2**

**Level 3**

<u>Session</u>	<u>\$ /session</u>	<u>Total</u>	<u>Session</u>	<u>\$ /session</u>	<u>Total</u>	<u>Session</u>	<u>\$ / session</u>	<u>Total</u>
<b>5 Pack</b>	\$60/Session	\$300.00	<b>5 Pack</b>	\$70/Session	\$350.00	<b>5 Pack</b>	\$75/Session	\$375.00
<b>10 Pack</b>	\$55/Session	\$550.00	<b>10 Pack</b>	\$65/Session	\$650.00	<b>10 Pack</b>	\$70/Session	\$700.00
<b>20 Pack</b>	\$50/Session	\$1,000.00	<b>20 Pack</b>	\$60/Session	\$1,200.00	<b>20 Pack</b>	\$65/Session	\$1,300.00
<i>Individual</i>		65.00/ea	<i>Individual</i>		\$75.00/ea	<i>Individual</i>		\$80.00/ea

Date Paid: \_\_\_\_\_

Amt Received: \_\_\_\_\_

Staff Initials \_\_\_\_\_

CC# & Exp Date: \_\_\_\_\_

Change Effective 2/12/2012